

Rayat Shikshan Sanstha's  
KARMAVEER BHAURAO PATIL COLLEGE, VASHI  
EBSB ACTIVITY

Precautions to be taken during Covid19 Lockdown Period  
'STAY HOME, STAY SAFE'

Date: 29.03.2020

Protect yourself and others around you by knowing the facts and taking appropriate precautions. Follow advice provided by Local Health Departments, Govt. of Maharashtra and Govt. of India (Aarogyasetu App) to prevent the spread of COVID-19 disease from time to time

1. Clean your hands with soap and water (frequently) and or an alcohol-based hand rub (not frequently).
2. Maintain a safe distance from anyone who is coughing or sneezing.
3. Don't touch your eyes, nose or mouth unnecessarily.
4. Use masks and handkerchiefs to cover your nose and mouth.
5. Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.
6. If you have a fever, cough and difficulty breathing, call the helpline numbers.
7. Avoiding unneeded visits to medical facilities allows healthcare systems to operate more effectively, therefore protecting you and others.
8. Follow the directions of our local health authorities from time to time.

EBSB Coordinator